

City of Los Angeles

Department of Recreation and Parks

CRESTWOOD HILLS PARK / 1000 HANLEY AVE. L.A. CA 90049

310.472.5233

# FALL FAMILY CLASSES



- **MAGIC Class** Monday / 5:00 - 6:00 p.m. Taught by Magic Castle magician with over 35 years experience! Ages: 10 - Adult / **FREE!**
- **Gentle Yoga** / Monday and Wednesday / 6:30 - 8:30 p.m. Taught by Yogi Master Sando.
- **MOMMY'S BOOT CAMP** / 1:30 - 2:30 p.m. Adults 18+ / Call for days TBA.
- **CHESS CLUB** / Wednesdays, 3:30 - 4:30 p.m. 10 - Adult: **FREE!**
- **Tai Chi / Chi Gong** / Wednesday 8:00 - 9:00 a.m. Taught by Sifu Rubia.
- **Little Picassos** / Art for Kids! Thursdays 3:30 - 4:30 p.m. Ages 3-5.
- **Bridge Club** / Friday: 3:00 - 5:00 p.m. \ Adult **FREE!**

## COMING SOON:

Stroller Workout for Moms, Mindfulness and Meditation, Car Seat Safety, Baby CPR Seminars, ARP "Driving after 55 Alive" Senior Seminars, Board Games, and Community Trail Hikes.

**CALL FOR MORE INFORMATION!**

# PARKS MAKE LIFE BETTER!